



June 2025

THE ANSWERS YOU Need

The Milestones Information & Assistance (I&A) program provides a one-call destination to address the needs of older adults and adults living with disabilities. Assistance is a just a phone call away!



Word Scrambler

Unscramble the letters to form a common word.

Example: DRBAE

Answer: BREAD



1. RHTFAE
2. LOFG
3. ILGRL
4. ERUTNA
5. SESRGAS
6. EUBARCBQ
7. OXBLOTO

7. Toolbox
6. Barbeque
5. Grasses
4. Nature
3. Grill
2. Golf
1. Father

Answers:



Caregiver SUPPORT GROUPS

- **Burlington:** Milestones, 509 Jefferson St., 1st Tuesday of each month at 3pm.
- **Ottumwa:** McCreery Cancer Center, 1003 E Pennsylvania Ave., 2nd Thursday of each month at 2pm.
- **Davenport:** Milestones, 935 E 53rd St., 2nd Monday of each month at 10:30am.
- **LeClaire:** Our Lady of the River Catholic Church, 28200 226th Place, Le Claire, IA. 1st Monday of the month 10:30am.

Community Cafe Events

- **Free Art Class:** Third Thursday of each month at 1pm immediately following the Milestones meal. Newberry Center, 728 Ave. G. Fort Madison, IA.
- **B-I-N-G-O:** Bingo every Thursday, 12 noon. Bloomfield Senior Center, 109 E. Franklin St, Bloomfield, IA.
- **Crafternoon:** First Thursday of each month. 1pm, Newberry Center, 728 Ave. G., Fort Madison, IA.
- **Card Club:** Every Thursday at 10am. Community Center, 104 Sand Run Rd., Fruitland, IA.
- **Walking Club:** Every Wednesday at 10:30am. Free Methodist Church, 820 E. Penn. Ave. Ottumwa, IA.



SENIOR PROM

MASQUERADE

JUNE 6 | 11 AM

FREE METHODIST CHURCH
820 E. PENN AVE,
OTTUMWA, IA.

AGES 60+
\$10 SUGGESTED DONATION

FOR RESERVATIONS
CALL: 641-208-5180

HAPPY Father's DAY

The first Father's Day was celebrated on June 19, 1910, in Spokane, Washington, thanks to Sonora Smart Dodd, who wanted to honor her father, a Civil War veteran and single parent who raised six children.