



*For more information or to
make a referral call:*



855-410-6222



www.milestonesaaa.org

Regional Offices

509 Jefferson Street
Burlington, IA 52601

935 East 53rd Street
Davenport, IA 52807

623 Pennsylvania Avenue
Ottumwa, IA 52501

*Milestones is your first stop for
information, referral, and assistance in
Appanoose, Clinton, Davis, Des Moines,
Henry, Jefferson, Keokuk, Lee, Louisa,
Lucas, Mahaska, Monroe, Muscatine,
Scott, Van Buren, Wapello and Wayne
Counties in Iowa.*

*Milestones Area Agency on Aging provides services and
employment to all persons without regard to race, color,
gender, gender identity, sexual orientation, national
origin, age, religion, creed, political affiliation, or
mental or physical disability or any other protected
status, except where required by law.*



**Elder Abuse
Prevention
and Awareness
Program**



Elder Abuse Prevention and Awareness

Warning Signs of Possible Abuse or Neglect

The following physical, behavioral, environmental, and financial indicators are some of the signs of possible elder abuse. This list is not all-inclusive and is to be used as a guide to assist you to determine if an elderly person needs assistance.

Physical Condition

- Lack of medical care
- Lack of personal cleanliness and grooming, body odors
- Bites, fleas, sores, lesions, lacerations
- Frequent falls
- Difficulty in communication
- Malnourishment or dehydration
- Swollen eyes or ankles, decayed teeth or no teeth

Environment

- No food in the house or rotted, infested food
- Inadequate cooking facilities or equipment
- Structural Hazards
- Gross accumulation of garbage, papers, and clutter
- Pets that are uncared for

Behavior

- Refusing medical care
- Refusing visitors or needed services
- Withdrawn, reclusive, suspicious, or timid
- Refuses to discuss situation
- Procrastination
- Unjustified pride in self-sufficiency
- Disorientation to time and place
- Forgetfulness, losing things, not shutting off stove
- Anger and anxiety
- Lying/sitting in urine, feces, or old food

Financial

- Unpaid bills
- Utilities disconnected
- Gives money to others when own bills are not paid
- Limited/no knowledge of finances



What to do if you suspect elder abuse

Through Milestones Iowa Area Agency on Aging, individuals, their families and their caregivers can get information on services that are available to at-risk elders.

Please call 855-410-6222 for more information on how you can help prevent elder abuse.