



Minutes for March 16, 2023

Via Zoom

Council Members Present: Frank Illiff, Terry Wilson, Susan Leuthauser, Liz Sherwin and Patricia Steiner

Staff Present: Becky Passman, Jyl Johnson, Sonita Oldfield-Carlson, Mariela Treviño, Pam Taylor, Mike Mathews, Adrian Blackwell, and Sharon Schnoor

I. Call to Order

The meeting was called to order at 9:15 a.m.

II. Roll Call

Roll call was taken and all were present.

III. Approval of Agenda for March 16, 2023

Motion was made by Terry Wilson and seconded by Liz Sherwin to approve the Agenda. All were in favor.

IV. Approval of Advisory Council Meeting Minutes of December 15, 2022.

Motion was made by Liz Sherwin and seconded by Terry Wilson to approve the Minutes as written. All were in favor.

V. Review and discussion of Milestones FY2024 Draft Area Plan Update

Update reflects progress made and needing to be made with SFY22-25 Area Plan's implementation. FY24 Update reflects progress made over the first 6 months of FY23 and planned activity for FY24. Explained about virtual programs not being very successful. Did implement a virtual program at some of our meal sites and participation was better. Susan mentioned that a lot of seniors don't have service. Sonita mentioned

a lot of programs must have ability to have camera and have ability to be seen. Frank mentioned would probably have to take the device to them for them to participate in programs. Mentioned when host or staff person that can help with program is present it seems to work better. Susan mentioned that some don't know how to use phone service for programs. Had a program giving out Grandpads but that was not successful as were only using them for playing games. Frank asked where Grandpads could be purchased, and Becky said through Grandpads.net. New program, HARP – Home hazard Removal Program. Working with contractors that coordinate services. Assess what home will need to meet consumer needs. Frank suggested need a list of recommendations from occupational therapists about what needs to be done. Sonita mentioned that a list of reliable handymen would be nice if she could work with Frank on that. Frank mentioned he has a list of 3 houses that need funding and if anyone knows of any to send information to Frank.

#### VI. Information Reports

- a. Nutrition Program Update – Pam said some adjustments need to be made with programs. Addressing budget for modified programs. Have a wait list. May have to remove some people from list, but no staff adjustment. Budget had included COVID dollars, now expended. Iowa Cafes and home meal services have exceeded what was projected. Funding back to pre-COVID levels.
- b. Social Services – Adrian said respite service numbers continue to go up. Return to Community numbers have increased this year. Damon, one of our Resource Navigators, is updating housing and phone system. Ann is looking for additional meal resources in addition to regular work.
- c. Marketing Update – Mike sent out the 2022 Annual report. Starting a March for Meals awareness campaign. Focus is on changes in nutrition programs.
- d. Health Promotion & Home Safety – Sonita said she already talked about some of the areas during the Area Plan. Said Happy at Home Consulting continues the HARP program. Working on parameters. Getting ready for a lot of in-person activities for Fall Prevention and Chronic Disease Self-Management classes.

#### VII. Old Business – None

#### VIII. New Business – None

#### IX. Advisory Council Member Input

Liz said reports are clear and give us a lot of information. Aging in place and keeping elderly in their home important per Frank. Pam said reaching out with greatest need to prioritize in mind for further services to those in need. Patricia – Are you still looking for more Advisory members? Becky would welcome any assistance with a list. Frank – Not sure how to advise - listening and trying to hear how to step in and advise. Advisory is

eyes and ears and voice. Susan mentioned 60 Plus and how they always mention CASI but don't know who we are. Need grow greater awareness in the community.

X. 2023 Meeting Schedule

List for rest of year given to Advisory Council.

XI. Adjournment

Meeting adjourned at 10:10 a.m.